

# Laser 4.7/Radial Open House

## Coconut Grove Sailing Club

Saturday, September 22, 2018

### *Required Equipment & Gear*

1. Racing Life Jacket
2. Sailing Shoes
3. Gloves
4. Spray Top
5. Hiking Pants
6. Long Sleeved Rash Guard
7. Refillable Water Bottle
8. Hat
9. Sunglasses
10. Waterproof watch with timer function
11. Sneakers (for physical training)
12. Wind Indicator
13. Duct Tape
14. Copy of ISAF Rules of Racing 2017-2020

### *Topics of Open House*

- Goal of Laser Program
- Memberships: US Sailing & ILCA
- Sailor Code of Conduct
- Practice & Physical Training
- Regatta Schedule & Registration
- Towing
- Summer Regatta

**Practice Schedule:** September 15<sup>th</sup>-December 30<sup>th</sup>, 2018

Wednesdays: 4-6pm, Saturdays: 9am-5pm, Sundays: 10am-5pm

### Fall 2018 Regatta Schedule

OCT 20 <sup>th</sup> through 21 <sup>st</sup>	River Romp (YSR)	Edison Sailing Center
OCT 27 <sup>th</sup> through 28 <sup>th</sup>	Halloween Howler (YSR)	Coconut Grove Sailing Club
NOV 10 <sup>th</sup> through 11 <sup>th</sup>	Naples Cup (YSR)	Naples Community Sailing Center
DEC 1 <sup>st</sup> through 2 <sup>nd</sup>	District 13 Championship (ILCA-NA)	St. Petersburg Yacht Club
DEC 27 <sup>th</sup> through 30 <sup>th</sup>	Orange Bowl International Youth Regatta	Coral Reef Yacht Club

*\*\*Our Spring 2019 regatta season opens with the US National Championship on January 11-14, 2019 at Lauderdale Yacht Club.*