Thank you for choosing to enroll your child in our sailing programs. We have a wonderful staff of professionally certified instructors ready to bring your child the love of sailing.

Take the time to review this Registration Form and fill it out in its entirety, as this information is important in ensuring your child has a great time.

See you out on the water!

Lauren Simpson

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| Youth Racing For those who have learned to sail previously and wish to train for and compete in regattas. | | | | |
| **Program** | **Member Price** | **Non-Member Price** | **Boat Charter Fee (for sailors without boats)** | **Schedule** |
| Opti Green Fleet\*  Ages 6-15 | $950 | $1,100 | $150 | Wed 3:30-6PM  Sat 9AM-4PM  Sun 10AM-4PM |
| Opti RWB Fleet\*  Ages 8-15 | $950 | $1,100 | $150 | Wed 3:30-6PM  Sat 9AM-4PM  Sun 10AM-4PM |
| Laser 4.7 Fleet  Ages 13-17  Min. 110 lbs.\*\* | $950 | $1,100 | $150 1st year  $350 2nd year | Wed 3:30-6PM  Sat 9AM-4PM  Sun 10AM-4PM |
| Laser Radial Fleet  Ages 13-17  Min. 125 lbs.\*\* | $950 | $1,100 | $150 1st year  $350 2nd year | Wed 3:30-6PM  Sat 9AM-4PM  Sun 10AM-4PM |
| *\*The CGSCIC Racing Program is for those who have learned to sail previously and wish to train and compete in regattas. It is a commitment to sailing as a sport and as such has a minimum regatta attendance requirement depending on the fleet the sailor participates in. It is up to your coach’s discretion to decide if a sailor is fit for a particular fleet.*  *\*\*The Laser Racing Program is a competitive program and has requirements to join based on weight, age and skill level. We reserve the right to deny a registration into the Laser Fleets since the Laser is a very physically demanding boat. For their safety, Sailors under the age of 13 or less than 110 pounds will not be permitted to sign up for the Laser 4.7 fleet. Radial Sailors have a minimum skipper weight of 125 lbs.* | | | | |

General Manager, CGSCIC

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| Learn to Sail For novices. All children must be able to swim 25 yards & pass a swim test the first day of the season. | | | |
| **Program** | **Member Price** | **Non-Member Price** | **Schedule** |
| Learn to Sail Opti  Ages 6 – 12 | $500 | $650 | Saturdays  9 AM – 4 PM |
| Learn to Sail Pico  Ages 13 - 17 | $500 | $650 | Saturdays  9 AM – 4 PM |
| Junior Keelboat Class  Ages 5-8 | $400 | $500 | Fridays  3:30 – 6 PM |
| After School Sailing Opti and Pico  Ages 6-17 | $400 | $500 | Wednesdays  3:30 – 6 PM |

**Learn to Sail Program Season Overview**

*Optimist*

Our Learn to Sail Optimist class is sailed on Opti sail cubes, a rotomolded plastic version of an Optimist dinghy, and Optimists. Sailors will learn to leave and return to the dock, basic sailing maneuvers, sailing on all points of sail, and how to right a boat from a capsize. Every sailor, regardless of experience, will have to pass a swim and capsize test the first day of the season

*Laser Pico*

The Pico program focuses on a more advanced curriculum appropriate to age and skill level, teaching basic knots, rigging, basic maneuvers, right of way concepts, and more. Each sailor must pass a swim and capsize test the first day of the season, regardless of sailing experience.

*Junior Keelboat*

This class is for 5-8-year-old novices who perhaps are still a little small for Optimist sailing but would still like to get out on the water. The sailors will be accompanied by a US Sailing accredited Keelboat Instructor and an assistant. They will learn basics of sailing but will focus more on getting accustomed to sailboats and spending extended periods of time out on the water.

**CGSC Youth Racing Program Season Overview**

*Optimist Green Fleet*

The Green Fleet Optimist sailor has already learned how to sail but wants to take the next step into their developing passion for Sailing. In Green Fleet, sailors learn the basics of racing: how a Regatta functions, advanced boat handling, tactics and strategy. The Green Fleet Optimist program is a great way for a young sailor to foster self-discipline, confidence, camaraderie, and respect for the sport.

*Optimist Red, White, Blue*

The Optimist Red, White, and Blue Fleets are separated on age, not skill level and are the highest level of racing an optimist sailor can participate in. These sailors are dedicated and motivated to continue perfecting their sailing skills, and are recommended to purchase their own boat and gear. Sailors advance into this fleet once they demonstrate a working knowledge of the racing rules and tactics, and a maturity level appropriate to the level of competition.

*Laser 4.7*

The Laser is the Men’s and Women’s Olympic singlehanded class, and they all start off on the Laser 4.7 rig. A smaller rig than the Laser Radial and Laser Standard, it is the youth version of the Laser class. The Laser is a very physically demanding boat and as such requires a minimum weight of 110 pounds to handle the forces of the sail.

*Laser Radial*

The Laser Radial is the next step up from Laser 4.7 with a 30% increase in sail area. The minimum skipper weight for this rig is 130 pounds and is officially considered for ISAF ranking and can compete in officially sanctioned events such as Miami World Cup and Lauderdale Olympic Classes Regatta.

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| **Select Program (circle your choice)** | **Member Price** | **Non-Member Price** | **Fees** |
| **Learn to Sail**  Opti  Pico | $500 | $650 | N/A |
| **Learn to Sail After School**  Opti Pico | $400 | $500 | N/A |
| **Junior Keelboat Class** | $400 | $500 | N/A |
| **Optimist Green Fleet** or  **RWB Fleet** | $950 | $1,100 | $150 Boat Usage |
| **Laser 4.7 Fleet** or  **Radial Fleet** | $950 | $1,100 | $150 Boat Usage |
| **TOTAL**  (amount due at registration) |  | | |
| Select Payment Method | | | |
| **Check** | I have enclosed a check in the amount of: $ | | |
| **Visa** **MasterCard**  **Discover** **American Express** | **Card #:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  **Expiration Date:** 00/00 **CVV:**  I authorize CGSCIC to charge my card for the amount of: $ | | |
| **CGSC Member Account #** | I authorize CGSCIC to charge membership account #      for the amount of: $ | | |

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|  | **Date:** \_\_\_\_\_/\_\_\_\_\_\_/\_\_\_\_\_\_\_ |

**REFUND/CANCELLATION POLICY:** *In the event that you must cancel your reservation, you will receive a refund for the total amount of registration minus a non-refundable $100 registration fee. Cancellation notice must be submitted in writing. Requests for cancellation due to illness or accident require a physician’s written verification and will receive a full refund.*

**BOAT STORAGE POLICY:**  *In order to store a personal boat on CGSC property, the owner must be a member (Regular, Associate, Junior) of Coconut Grove Sailing Club. There is a $10-dollar monthly fee associated with this service, please refer to the official membership application for more information.*

**LATE REGISTRATION:** *If you submit registration after 9 AM September 3rd, you will be assessed a $25 late registration fee per registration. It is important to us to receive your registration in a timely manner so that we may better serve you and your sailor(s).*

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| Sailor’s Information | | | |
| First Name  **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | Last Name  **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | | Sailor’s Height/Weight (lbs.) |
| Date of Birth | Current Age  **\_\_\_\_\_\_\_\_\_\_\_\_** | | Gender |
| Returning Sailor?  YES  NO | | | |
| Parent Contact Information | | | |
| Mother’s Name  **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | Mother’s mobile Phone #  (\_\_\_\_) \_\_\_\_\_-\_\_\_\_\_\_ | | Contact E-mail  \_\_\_\_\_\_\_\_\_\_\_\_@\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Father’s Name  **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | Father’s mobile phone #  (\_\_\_\_) \_\_\_\_\_-\_\_\_\_\_\_ | | Contact E-mail  \_\_\_\_\_\_\_\_\_@\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Medical Information | | | |
| List known Allergies  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | List prescribed medications  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | Any medical conditions we should be aware of? **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |
| Emergency Contact Information  *In case I or my spouse cannot be reached in the event of an emergency please contact the people listed below* | | | |
| Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | Phone Number: (\_\_\_\_) \_\_\_\_\_-\_\_\_\_\_\_ | |
| Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | Phone Number: (\_\_\_\_) \_\_\_\_\_-\_\_\_\_\_\_ | |
| Authorized Pickup Information  *I give permission for my child to be released from the Coconut Grove Sailing Club Instructional Center, Inc. program to the person(s) listed below at any time* | | | |
| Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | Phone Number: (\_\_\_\_) \_\_\_\_\_-\_\_\_\_\_\_ | |
| Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | Phone Number: (\_\_\_\_) \_\_\_\_\_-\_\_\_\_\_\_ | |

**Club Boat User Agreement**

The Coconut Grove Sailing Club Instructional Center Inc., hereafter referred to as “The Club”, allows the sailors participating in the competitive racing programs to use the club boats. Each sailor will be assigned a boat with all the basic parts to go on the water safely. It is the sailor’s responsibility to report any damages to the coach, and the club will help with the upkeep of these boats. If the damage is deemed by the coach to by deliberate or due to neglect, it is the parents and sailor’s responsibility to pay for the repairs. We appreciate your cooperation in maintaining these boats, so that we can continue to provide a competitive fleet for our future sailors.

The club provides basic issue sailing equipment. Parents are welcome to buy higher-end equipment upgrades such as sails to use in combination with club equipment. Each sailor will be assigned a numbered Hull, Dagger board, Rudder, Sail and associated fittings.

The Parent and Sailor agree to replace the broken or damaged parts in a timely manner, or assist with the some or all the costs of repairs to their assigned club boat. The sailor may not use another club boat while theirs is being repaired.

**By signing below, I agree to the terms above**

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| **Sailor’s Printed Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | **Parent Printed Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |

**Authorizations and Disclosures**

I hereby authorize my child to participate in the Coconut Grove Sailing Club Instructional Center, Inc. Sailing Program.

In consideration of the Coconut Grove Sailing Club Instructional Center, Inc. a not-for-profit 501(c)3 Florida Corporation, providing sailing instruction to my child, I hereby release, acquit, and discharge the Coconut Grove Sailing Club, Inc. its successors and assigns, its employees, agents, members, volunteers, officers and directors from all claims, demands, actions, causes of action, damages, injuries and cost of any nature or kind whether property, personal injury or bodily injury or any other type of injury or damage that may arise from my child’s participation in the sailing program as well as use of the facilities of the Club, and its equipment. This release is on my behalf as the parent or legal guardian and on behalf of my child and any person claiming through my child.

I understand the risks inherent in the sport of sailing and in water sports in general, and in any activity involving children. I attest that my participating child has had swimming instructions and is capable of treading water for five minutes, swimming 25 meters with good form and easy breathing (any swimming stroke) and demonstrates the capacity to alternate floating and treading water for an unlimited period of time. I understand that these skills may help reduce the risks but cannot eliminate them.

I also attest that my participating child is free and unencumbered from any physical or mental impairment and is free of any contagious or infectious disease that might interfere with his or her health or safety during this program.

I hereby grant Coconut Grove Sailing Club Instructional Center, Inc. and its related companies to take, copyright, use, publish, alter, and distribute photographs, movies, films, videotapes, audiotapes, and any other recording of the child. I further irrevocably consent to the worldwide use of the child’s name and voice likeness. I understand that such use may include publicity, advertising, promotion, or any other lawful purpose, without restrictions or remunerations.

**I give authorization to the CGSCIC for treatment in the event of any accident or injury if I cannot be reached. I have read and attest that the above is true and correct.**

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| **Parent Printed Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |

**Sailor and Parents Code of Conduct**

I hereby agree to the stipulations of this Sailors and Parents Code of Conduct and agree to follow the set guidelines. I understand that if I do not do so, I risk being asked to leave the program and forfeit all or some of the associated program fees.

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| **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  Sailor's Printed Name |  |  |
| **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  Acceptance of Conditions by Mother of Sailor | **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  Acceptance of Conditions by Father of Sailor |

**Sailor Code of Conduct**

Coconut Grove Sailing Club has an elite Optimist and Laser dinghy racing program for young sailors. The goal of the program is to develop outstanding sailors; maintain the safety of all participants at all times; promote ethical behavior; and teach life-long lessons about character, teamwork, and respect for others.

Participation in the Coconut Grove Sailing Club’s youth sailing program is a privilege. To participate in the program, youth sailors are expected to meet the following expectations. Failure to meet these expectations can be grounds for discipline, including being sent home from a practice or event, suspension, or termination from the youth sailing program.

## Safety

Maintaining the physical safety of sailors, coaches, and others is the top priority of the Coconut Grove Sailing Club Youth Sailing Program.

* Follow all safety procedures and instructions given by race officials, regatta hosts, and other responsible adults.
* Provide assistance if another person is in danger. Notify a coach or other responsible adult if you think another sailor is in danger.
* Always wear a personal flotation device while on the water.
* Do not leave Coconut Grove Sailing Club or the site of an event without first obtaining personal permission from a coach, parent or event host. Sailors are personally responsible for obtaining prior consent from a responsible adult; it is not permissible to have another person convey a message that you are leaving.
* Travel to away events and regattas with a responsible adult, other than a coach, who is responsible for you when you are not on the water or at the venue.

## Sportsmanship

Sailors should respect the values and rules of the sport of sailing, and remember that they are members of a team.

* Compete ethically within the Racing Rules of Sailing and other applicable rules governing the sport of sailing.
* Demonstrate principles of good sportsmanship. Act gracefully when you win and lose: do not gloat when you win, and do not sulk when you lose.
* Follow the direction and authority of coaches and responsible adults. Accept constructive criticism from coaches. Do not talk back to coaches or team leaders.
* Support your teammates at practices and regattas. Do not only think about yourself and your own performance. Attend as many practices as possible, and show up and depart at the appointed times with all of your equipment.
* Behave and dress at all times in a manner consistent with the high standards expected of youth sailors at Coconut Grove Sailing Club.
* Remember that you are an ambassador of the Coconut Grove Sailing Club. It is a privilege to be a member of the Coconut Grove Sailing Club Youth Sailing Team. Never act in a way which would be embarrassing or detrimental to the Coconut Grove Sailing Club.

## Respect for Others

Sailors are expected to act in a respectful way toward others at all times.

* Set a good personal example for everyone supporting the principles of honesty, integrity and good sportsmanship.
* Respect the property of others. Do not use another person’s property without permission, steal or damage another person’s property. Do not use hoists, sailboats or any equipment of the Club without the knowledge, permission or direction of the coaches.
* Treat other sailors, coaches, regatta officials, parents, hosts and all others with respect, regardless of race, religion, gender, national origins, culture, sexual orientation, disabilities or abilities.
* Do not engage in verbal, physical or emotional abuse of anyone, and do not tolerate such conduct by others. Do not use profane, insulting, harassing, humiliating or otherwise offensive language. Swearing is prohibited.
* Do not physically fight, hit, or inappropriately touch other sailors.
* Resolve the disputes with other sailors in civil and respectful manner. If you cannot resolve the dispute directly with the other sailor, go first to coaches and then to the club managers with any problems or questions.
* Do not tolerate or engage in bullying. Bullying is unwanted, aggressive behavior that involves a real or perceived power imbalance, and which is repeated or has the potential to be repeated over time, for the purpose of socially excluding, diminishing, or isolating the targeted person. Work with sailors, coaches, parents and other Club personnel to address potential incidents of bullying.
* Do not tolerate or engage in hazing activities involving persons associated with the Youth Sailing Program. Hazing is any activity expected of someone joining a group (or to maintain full status in a group) that humiliates, degrades or risks emotional or physical harm, regardless of that person’s willingness to participate.

## Drugs/Alcohol

A drug-free environment is necessary in order to achieve individual and team success.

* Do not use alcohol, tobacco, or drugs not prescribed to you.
* Do not tolerate the use of alcohol, tobacco or non-prescribed drugs by other team members at the Club or at regattas.

**Parent Code of Conduct**

Coconut Grove Sailing Club has an elite Optimist and Laser dingy racing program for young sailors. The goal of the program is to develop outstanding sailors; maintain the safety of all participants at all times; promote ethical behavior; and teach life-long lessons about character, teamwork, and respect for others. Participation in the Coconut Grove Sailing Club youth sailing program is a privilege. The youth sailing program can only be successful if everyone – coaches, sailors and parents – works together in pursuit of these goals. The Club has developed Codes of Conduct for coaches, sailors and parents so that everyone has common expectations. The Club has the following expectations of parents of youth sailors:

## Understand Your Role

Every person in the program has a role. Each person in the program must understand and respect the roles of different participants.

* Sailors are the competitors responsible for their own efforts, behavior and success. Since parents are not the competitors, they should encourage their children’s independence as it relates to sailing rather than assisting them directly. For example, parents should avoid rigging children’s boats, because that is part of the learning experience.
* Coaches are athletic trainers and educators who are primarily responsible for teaching the children how to sail. While parents provide critical guidance and are ultimately responsible for their children, parents must allow the coaches to do their jobs. Parents should support the coaches in tactical decisions and management of sailors competing in regattas. For instance, while spectating during regattas, parents normally should stay away from their sailors so they have time to seek the advice of coaches; not give sailors food or drink that will hurt the sailors’ ability to perform; and generally set a positive tone for the children.
* Parents provide support for their children and the program. Parents essentially are partners with the Club in running the program. The program cannot function without engaged parents.

## Safety

Maintaining the physical safety of sailors, coaches, and others is the top priority of the Coconut Grove Sailing Club youth sailing program.

* Assume responsibility for the safety of your children and other sailors.
* Follow all safety procedures and instructions given by race officials, regatta hosts, and other responsible adults. Provide assistance if another person is in danger.

## Respect for Others

Parents are critical role models for sailors, and must conduct themselves as such.

* Set a good personal example for everyone supporting the principles of honesty, integrity and good sportsmanship.
* Respect the property of others. Do not use another person’s property without permission, steal or damage another person’s property.
* Treat sailors, coaches, regatta officials, parents, hosts and all others with respect, regardless of race, religion, gender, national origins, culture, sexual orientation, disabilities or abilities.
* Do not engage in verbal, physical or emotional abuse of anyone, and do not tolerate such conduct by others.
* Avoid the use of profane, insulting, harassing, humiliating or otherwise offensive language in the presence of sailors or coaches. Never use such language in communications with coaches. Mistreatment of coaches is grounds for removal from the program.

## **Respect for the Sport**

Parents should respect the values and rules of the sport, and teach those values to all sailors in the program.

* Teach sailors to compete ethically within the Racing Rules of Sailing and other applicable rules governing the sport of sailing. Do not teach sailors to violate the Racing Rules of Sailing.
* Do not be a source of outside help that would cause any competitor to break Rule 41 of the Racing Rules of Sailing.
* Respect exclusion zones on race courses at regattas. When Club parents ignore the boundaries of where spectator boats can be located, it reflects badly on the entire program.

## Support the Club

The youth sailing program cannot function without the engagement and support of its parents. Parents need to do more than drop off their children at practice and show up at regattas.

* Timely pay all fees needed for your children to participate. The youth sailing program is self-sustaining, which means that participant fees are necessary to pay its basic expenses. Parents also are responsible for timely paying the costs of any private coaching sessions involving their child.
* Volunteer to help with the logistics of practices and regattas. Participant and regatta fees do not cover every expense associated with the program. The Club reduces its participant fees based on the assumption that parents will help with the logistics of towing boats, providing water and snacks at regattas, and helping to organize and run Club regattas. The Club expects the parents of every sailor to help with towing, snacks and/or Club-sponsored regattas at least several times a year. Children of parents who refuse to assist the program may not be invited to return, and in the case of a parental refusal of reasonable assistance during the season, sailors may be asked to leave the program.
* Be a good representative of the Coconut Grove Sailing Club. Even if you are not a Club member, you are the face of the Club at regattas and other events. Avoid any conduct which would be embarrassing or detrimental to the Coconut Grove Sailing Club.

## Conduct Yourself as a Responsible Adult

Parents are the primary adults present at most sailing-related events and must conduct themselves in a responsible way.

* Do not physically discipline, strike, or inappropriately touch other children. Be a positive influence on the Club’s sailors.
* Do not tolerate or engage in bullying. Bullying is unwanted, aggressive behavior that involves a real or perceived power imbalance, and which is repeated or has the potential to be repeated over time, for the purpose of socially excluding, diminishing, or isolating the targeted person. Work with sailors, coaches, parents and other Club personnel to address potential incidents of bullying.
* Do not tolerate or engage in hazing activities involving persons associated with the Youth Sailing Program. Hazing is any activity expected of someone joining a group (or to maintain full status in a group) that humiliates, degrades or risks emotional or physical harm, regardless of that person’s willingness to participate.

## Drugs/Alcohol

* Do not tolerate the use by sailors of alcohol, tobacco, or drugs not prescribed to them.
* Use alcohol in moderation at the Club and at regattas. The sailors are very aware of the conduct of adults around them, which means that parents need to stay in control of themselves at the Club and on Club-related trips.